

May 2021 Newsletter

RACE SEASON IS UPON US (and we want to know what you're up to)

FINALLY, FINALLY races are BACK people! The crap year of 2020 is in the rear view and we are heading full steam into the 2021 race season.

To help get ourselves organized we've launched a Member Race Hub (fancy spreadsheet) for our members to mark themselves as Racing or Spectating at all the local-ish Triathlons this season. This means we'll be able to organize, show up, support, and share in the results of these accomplishments with our fellows. However, WE NEED YOUR HELP to mark yourself as Racing or Spectating under the races that YOU are attending this season.

Please take a minute to visit the link below and update the races you are signed up for currently, and bookmark it to access any time to add any additional races you sign up for during the season. Please be careful not to delete anyone else's entries.

2021 Member Race Hub Spreadsheet

Get to Know Your Fellow Club Members

If you are following the NWI Tri Club Members Facebook page, you will have noticed several member profiles posted. We want to get to know you too! Click to fill out our: Member Survey. If you have any questions, send Chris Perez a note on FB Messenger or email us at nwitriatheltes@nwitri.net.

Also, special shout out to our **BRAND-NEW MEMBERS** Kris Cone from Chesterton

Matt Puffer from Valparaiso

Bryan Hembroff from Crown Point

Welcome new friends, we can't wait to see you out on the racecourse(s) 😊

Facebook Members-Only Group

Questions about training opportunities? Equipment? Upcoming races? Something you want to share? Post in our Facebook Group! NWI Tri Club Members Not on Facebook? No problem! Email us at nwitriatletes@nwitri.net Private group · 64 members

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Mark your calendars folks! Group Training Galore!

We've got 3 club-organized group training events in the coming month and would love to see you all there. The details for the events are:

Event #1

SATURDAY, MAY 15, 2021 AT 8 AM CDT

Bike from Trailblazers Bike Barn – RSVP on Facebook <u>HERE</u>

Come one, come all! As the race season is ramping up we invite members and non-members alike to join us for 3 bike route options starting at our Sponsor Trailblazers Bike Barn in Hobart.

Thank you to Jason Buxbaum for creating 3 variations for our riding pleasure.

All ages and abilities welcome.

Ride at your own pace.

Routes for viewing/download

Trail - Blazin (14.5): <u>https://connect.garmin.com/modern/course/57724055</u> Out-n-Back (20.5): <u>https://connect.garmin.com/modern/course/57726985</u> Bike The Barn (35): <u>https://connect.garmin.com/modern/course/57723531</u>

Event #2

SUNDAY, MAY 23, 2021 AT 8 AM CDT

Group Trail Run/Walk at Kemil Beach – RSVP on Facebook <u>HERE</u> Bust out those trail shoes, we're doing a run/walk starting at Kemil Beach. All ages and abilities welcome.

Several trail options are available depending on how far you'd like to go! More details to follow.

Event #3

SATURDAY, JUNE 5, 2021 AT 2:30 PM CDT – 4 PM CDT Open Water Swimming @ Wolf Lake – RSVP on Facebook <u>HERE</u>

Wolf Lake will be open for swim practice 3pm-4pm. This is a great opportunity to get some yards in prior to Leon's the next day.

Come early if you can! We will have an NWI Tri tent set up where we will meet, discuss race logistics, tips and tricks for open water swimming, and race veterans will be available to you to answer any questions you have about the course.

We will head out to swim as a group and support each other in the water if needed.

Looking for your next race?

Don't forget we've compiled all the details local-ish races for your viewing pleasure on our website!

<u>Traithlons</u>

<u>Running</u>







Other training opportunities coming up

• Every Wednesday night at 6PM there is the infamous Wednesday Night Ride (WNR) from Crown Point fairgrounds. Each week their Facebook page is updated with course routes and spray paint color directions. You can find and follow <u>HERE</u>



• Stop in at Ironwood Brewing in Valparaiso, Indiana, for a fun group ride. Stick around after the ride and enjoy a beer with a great bunch of people. Rides start at 6:00 pm every Thursday night and are held year round. Bring a helmet and whatever bike you want to ride. Road bikes, mountain bikes, fat bikes, cross bikes, hybrids, etc. are all welcome. There is group for everyone, whether you want to ride fast, slow, or anything in between. You can find more information on their Strava page <u>HERE</u>



 The Awful, Terrible, Horrible Bike Ride is back! Saturday, May 29th, 8:30am rollout from Valparaiso's Central Park. Stop at Lakeview in Beverly Shores, climb Goldring in LaPorte County, stop at the world famous Westville DQ then finish back at Central Park. No entry fees. Not sponsored. Just fun with friends. Invite some!

Here is the 70-mile route map. (shorter loops are available also) https://connect.garmin.com/modern/course/18287904



 The BRAND NEW Hobart High School Aquatic Center is offering open lap swimming Mon-Friday 4pm-8pm. The cost is \$4.00 per person. Additional pricing options are available. Monday, Tuesday, and Friday the pool will be set up for 25-yard lanes. Wednesday and Thursday the pool will be set up with 50 Meter lanes. You can visit their website and sign up for sessions at their website <u>HERE</u>

Pssssttt..... Reep an EYE out for club merchandise for sale at club events!! Bring cash or card and walk away with goodies like hats, visors, and t-shirts.

Also, look for an announcement soon about an online store for similar items



If you or someone you know might be interested in sponsoring our club please have them do so HERE